

MenuStat Codebook for Researchers

Variable Name	Description							
Restaurant	Restaurant name							
Item Name	Menu item name							
Item Description	Menu item name with additional menu information (e.g. menu header information)							
Menu Item ID	Each item has its own unique ID. The same item served by restaurants across years has the same Menu Item ID which allows for tracking over time. When the feature to 'Add Accompaniments' is activated, items appear under each of their customizable builds. As a note, the same sauce may be served with 2 or more entrees.							
Customizable Builds	When the feature to 'Add Accompaniments' is activated, items that can be consumed together as a customizable build are labeled as either a main item or an accompanying item.							
Customizable Build ID	When the feature to 'Add Accompaniments' is activated, items that can be consumed together as a customizable build share the same Customizable_Build_ID. This ID can be used to aggregate the accompaniments into permutations of a meal.							
Serving Size Unit	Serving size metric (g, oz). For a limited number of items, serving size was converted so that portion sizes are easier to compare to each other; these cases are marked by an asterisk. Serving sizes are available only when reported by restaurants.							
Serving Size text	Non-calculable metric used to describe serving size (e.g. 1 Slice)							
Servings Per Item	Equals 1 if the nutrition appears to be reported for the entire item. Equals more than 1 if the nutrition represents a portion of the item (e.g. equals 8 if the nutrition information is for 1 slice of pizza and there are 8 slices in an entire pizza).							
	2012		2013		2014		2015	
Total N	15956		43143		45955		48891	
	n	%	n	%	n	%	n	%
Food Category								
<i>Appetizers & Sides</i>	893	5.6	2300	5.33	2612	5.68	2689	5.5
<i>Baked Goods</i>	566	3.55	1379	3.2	1675	3.64	1494	3.06
<i>Beverages</i>	4533	28.41	14639	33.93	14749	32.09	17388	35.56
<i>Burgers</i>	519	3.25	984	2.28	1307	2.84	1300	2.66
<i>Desserts</i>	1107	6.94	2674	6.2	2705	5.89	2726	5.58
<i>Entrees</i>	2115	13.26	5271	12.22	5738	12.49	6298	12.88
<i>Fried Potatoes</i>	246	1.54	442	1.02	457	0.99	508	1.04
<i>Pizza</i>	703	4.41	1667	3.86	2019	4.39	2438	4.99
<i>Salads</i>	476	2.98	1544	3.58	1812	3.94	1687	3.45
<i>Sandwiches</i>	1814	11.37	4605	10.67	4693	10.21	4419	9.04
<i>Soup</i>	321	2.01	1188	2.75	1259	2.74	1243	2.54
<i>Toppings & Ingredients</i>	2663	16.69	6450	14.95	6929	15.08	6701	13.71
Servings per Item								
Single numeric values	14945	93.66	39675	91.96	41890	91.15	42850	87.64
<i>Ranges or non-specific values</i>	53	0.33	10	0.02	8	0.02	0	0.00
<i>Missing</i>	958	6.00	3458	8.02	4057	8.83	6041	12.36
Serving Size								
Single numeric values	9439	59.16	23634	54.78	24565	53.45	23864	48.81
<i>Ranges or non-specific values</i>	21	0.13	15	0.03	23	0.05	80	0.16
<i>Missing</i>	6496	40.71	19494	45.18	21367	46.50	24947	51.03
Calories								
Single numeric values	14930	93.57	39687	91.99	42135	91.69	42830	87.60
<i>Ranges or non-specific values</i>	67	0.42	59	0.14	102	0.22	134	0.27
<i>Missing</i>	959	6.01	3397	7.87	3718	8.09	5927	12.12
Total Fat g								
Single numeric values	14497	90.86	38576	89.41	40920	89.04	41774	85.44
<i>Ranges or non-specific values</i>	35	0.22	68	0.16	54	0.12	76	0.16
<i>Missing</i>	1424	8.92	4499	10.43	4981	10.84	7041	14.40
Saturated Fat g								
Single numeric values	14727	92.30	37462	86.83	39992	87.02	40723	83.29
<i>Ranges or non-specific values</i>	34	0.21	69	0.16	60	0.13	59	0.12
<i>Missing</i>	1195	7.49	5612	13.01	5903	12.85	8109	16.59
Trans Fat g								
Single numeric values	12503	78.36	31789	73.68	33918	73.81	35207	72.01
<i>Ranges or non-specific values</i>	16	0.10	65	0.15	39	0.08	17	0.03
<i>Missing</i>	3437	21.54	11289	26.17	11998	26.11	13667	27.95
Cholesterol mg								
Single numeric values	12655	79.31	34297	79.50	37277	81.12	39134	80.04
<i>Ranges or non-specific values</i>	52	0.33	236	0.55	88	0.19	186	0.38
<i>Missing</i>	3249	20.36	8610	19.96	8590	18.69	9571	19.58
Sodium mg								
Single numeric values	14919	93.50	39070	90.56	41512	90.33	42425	86.77
<i>Ranges or non-specific values</i>	60	0.38	60	0.14	83	0.18	103	0.21
<i>Missing</i>	977	6.12	4013	9.30	4360	9.49	6363	13.01
Potassium mg								
Single numeric values	365	2.29	343	0.80	590	1.28	511	1.05
<i>Ranges or non-specific values</i>	0	0.00	0	0.00	0	0.00	0	0.00
<i>Missing</i>	15591	97.71	42800	99.20	45365	98.72	48380	98.95
Total Carbohydrates g								
Single numeric values	14891	93.33	39201	90.86	41613	90.55	42290	86.50
<i>Ranges or non-specific values</i>	82	0.51	136	0.32	136	0.30	222	0.45
<i>Missing</i>	983	6.16	3806	8.82	4206	9.15	6379	13.05
Protein g								
Single numeric values	14779	92.62	38393	88.99	40877	88.95	41637	85.16
<i>Ranges or non-specific values</i>	112	0.70	179	0.41	149	0.32	219	0.45
<i>Missing</i>	1065	6.67	4571	10.59	4929	10.73	7035	14.39
Sugar g								
Single numeric values	12443	77.98	32967	76.41	35757	77.81	37683	77.08
<i>Ranges or non-specific values</i>	84	0.53	72	0.17	162	0.35	231	0.47
<i>Missing</i>	3429	21.49	10104	23.42	10036	21.84	10977	22.45
Dietary Fiber g								
Single numeric values	14102	88.38	37675	87.33	39925	86.88	40904	83.66
<i>Ranges or non-specific values</i>	209	1.31	380	0.88	392	0.85	451	0.92
<i>Missing</i>	1645	10.31	5088	11.79	5638	12.27	7536	15.41